

Level C Warm-Up

3/27





Instructions:

What **food** do you **love** with a **special memory** to it?
For example, “I love pumpkin pie. My mom always makes it for the Thanksgiving holiday...”

1. Create a new slide for your story.
2. Choose a food.
3. Share some pictures.
4. Think about what you will say:
 - a. What is your special memory of this food?
 - b. When do you cook it? What is it like?

Don't write a paragraph! Use a few words to help you remember.



Pumpkin pie

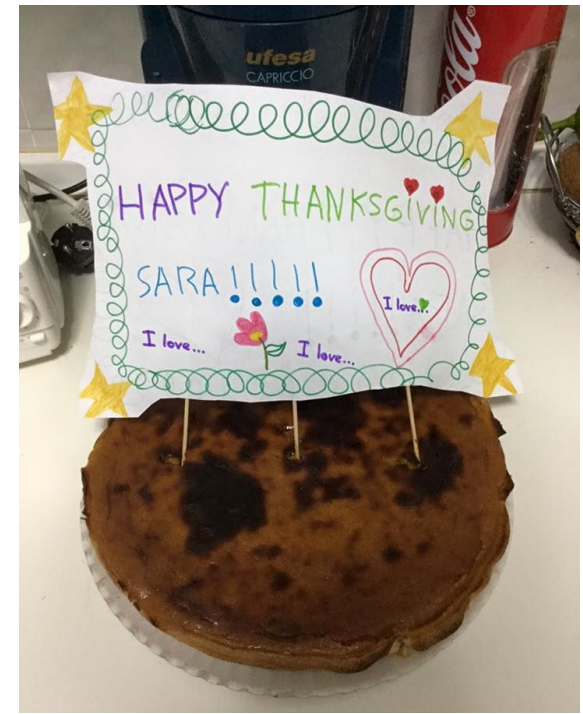


-dessert

-Thanksgiving,
Christmas

-tried to make in Spain...

-In Spain, friends made me a pie



Sara

Collard Greens

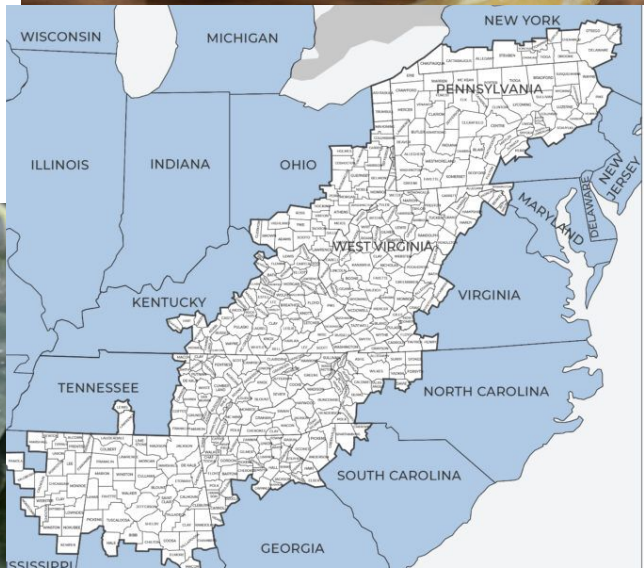
Side Dish

Bacon or no bacon?

My mama's recipe is the best!!



Tem



Tuna Casserole



Main dish

Tuna or Salmon?

First recipe that my grandma (dad's mom) taught to my mom

Marie



Tamagokakegohann (Raw egg over rice 卵かけご飯)



Japanese soul food (fast food)
Anybody can make (Rice, Egg,soy sauce)
Please use Pasteurized eggs !

Kimie

Typical food of Colombia

This is my favorite dish from christmas =)



Lechona

Sandra L.



Cajeta roll cake

- My grandma made it
- My birthday
- Best cake



Marcela A



Uchepos

Kassandra



Childhood

Happy family moments

Grandmother's recipe

Michoacán my home



Nacatamal

- Banana plante
 - tradition , only for sunday breakfast
 - Potato, rice, meet (pork, checken)
 - Chili sauce
 - Eat with coffee
 - Wrap a food very tight
 - She grew up with this food!
- Glenda



Relleno (Nicaragua) Christmas



A side with Christmas dinner
and to spread on bread the
next day

- Bread
- Broth
- Pork or chicken
- Butter
- Olives, capers, plumbs,
raisins

Ursula

Aidee.. My regular food!
I can eat rice
everyday

I have a Vegetarian
Diet

This is what I
call a breakfast



Tofu



Before or after breakfast I have a shake . This week it was make of pineapple, Mango, and spinach; other week It can be from bananas, strawberry and, spinach. I also added dry veggies and Maca. All this is to keep on one side Iron on my body and also balance the vitamins and mineral.



Watermelon and
lemon juice



YEAST FLAKES
NUTRITIONAL NON-GMO

Amount/serving	%DV	Amount/serving	%DV
Total Fat 0.5g	1%	Total Carb. 5g	2%
Salt 1 ml 5g	0%	Fiber 3g	13%
Trans - Fat 0g	0%	Total Sugars 0g	
Cholesterol 0mg	0%	Incl. 0g Added Sugars	0%
Sodium 300mg	1%	protein 0g	
Vitamin D 0%		Calcium 0%	
		Iron 0%	
		Potassium 0%	

Ingredients: DRIED YEAST, NIACIN, HYDROXYNE HYDROCHLORIDE, PROPLAVIN, THIAMIN, CHLORIDE, FOLIC ACID, COBALAMIN (B12), FERROS.



Eat Vegan doesn't
mean have boring
food

Chinese
Dumpling
饺子



Chinese Dumpling Allie

How to make the most authentic and yummy dumplings



Enjoy!





2020 Dumpling Feast





2021 Dumpling Feast



Warm Tofu Noodle



- Breadstick
- Peanut
- Fried garlic
- Fried chili
- Coriander
- Sesame seeds
- Sweet sauce

- My favorite food
- Breakfast

Ting

Nicaraguan Vigoron Recipe (Tania)

Ingredients

- 1lb yucca or cassava, peeled
- 2 garlic cloves
- Salt
- ½ cabbage
- 1 tomato, diced
- ¼ onion, finely diced
- ½ cup pineapple vinegar
- 1 tablespoon oil
- 8 ozs crunchy pork chicharrón or pork rinds, cut into pieces
- 1 tablespoon habanero chile (known as congo chile in Nicaragua), optional
- Banana leaves





Feijoada - Typical brazilian food

Gabriel

